



**TOBACCO PRODUCTS ARE  
NEVER WORTH THE  
PAIN AND AGONY OF CANCER.**

When the doctor told me I had cancer, my first thought was that I had a 3-year-old daughter I need to be here for.

The cancer from tobacco didn't just take part of my life away - tobacco almost took me away from my family.

*James Capps*

JAMES CAPPS, ORAL CANCER SURVIVOR  
TUSHKA, OK

**TOBACCO STOPS WITH **ME**.com**

Free quit coaching and free patches, gum or lozenges - a click or call away.

 Free help	Oklahoma Tobacco Helpline	
	<b>1 800</b>	<b>QUIT NOW</b>
	784-8669	OKhelpline.com

TSET. Better Lives Through Better Health.